

“Forest Circles” presents:

The New Moon Ceremony

With Chief Oscar Mokeme



In many ancient cultures the phases of the moon are celebrated and honored. The new moon is recognized as a sign of new beginnings while the full moon is a sign of completion

These unique five-hour retreats will have varying themes such as: forgiveness, clarity, release, grace and nature element.

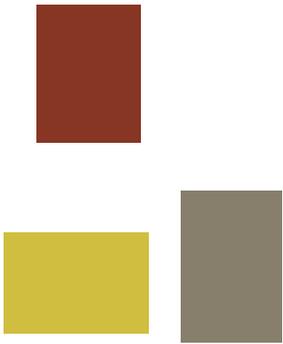
The theme for March is:

THE YEAR OF THE ANGELS

Nwa-nmuo spirit mask is a representation of an Angelic being, a being that may appear in any form, in any culture from nowhere! These are the unique humans being born on Earth at this time. Recognition of these beings can help us to improve our “Ike”; our mental strength, abilities, emotional health and grit. They can help us to gain clarity about our experiences by filtering positive and negative influences.

In this program you will be given tools to help improve your emotional, mental and physical wellness using the spirit of the Angelic beings.





This is an experiential event where participants share in a highly energized talking circle. Each will receive personal healing rituals and tools to be taken home to use.

The evening will conclude as we gather around the sacred fire, (outside, weather permitting) to witness an African Spirit mask come to life!

The Spirit mask will bless and assist each participant as they release that which is holding them back and preventing them from manifesting their intentions. It is our dream that these desires will be realized by the next full moon.



1 – 5pm @ “Forest Circles”, Topsham, Me.

Space is limited so please register early.

To register call Regina @
207-776-3152

Fee: sliding scale, pay what you can. \$40 - \$75

For directions and more info go to www.forestcircles.com

Chief Oscar Mokeme is the Founder & Executive Director of the Museum of African Culture in Portland, Maine. Oscar comes from a long lineage of the Igbo Royal Family, a family of healing practitioners from Umu-Dibia, Nigeria. He is a direct inheritor of the ancient wisdom and has over 35 years experience as a healer and practitioner of Igbo traditional medicine.

