

"Heart Teachings"



with **"Old Turtle"**
Ray Reitze

Master Maine Wilderness Guide, spiritual teacher, healer and author

*...then look at a story wheel, see what keeps you from that place,
see how people create their own destiny*

"The story wheel is a medicine wheel. Life revolves around the rim and people run their life stories here while their actual place is in the middle, the hub.

***We have forgotten it's not all there on the rim. The hub of the wheel is pure love....our heart. It does not move. This is our center, the "I AM."
Learn how to dissolve these limiting stories into their true home...your heart."***

Join us in "circle" as Ray shares his spiritual wisdom through storytelling, and interactive conversation.

Ray will lead us on a **short walk into the forest** where we will marvel at Earth's magic and rejuvenation.

*Ray has a style of teaching that will warm your heart and quiet your mind.
All will benefit from time with this gentle spirit!*

Saturday May 27 1-4 pm @ “Forest Circles” Topsham, Me.

Donation: \$30

To register call Regina by May 25 @ 207.776.3152

For more info: go to forestcircles.com or teachinglodge.com

